## ALLEN COUNTY VETERANS SERVICE COMMISSION 301 N. MAIN STREET LIMA, OHIO 45801

Phone- 419-223-8522 Fax- 419-223-8535

## To Assisted Living Facilities:

You need compose a standard letter that can be used in the future for any veteran or widow. The letter must provide the total cost that the client is charged / month, and a complete and concise listing of the ADL services you provide for those costs to the Veterans and Widows that are eligible.

The reason I am requesting this is because the VA has tightened their requirements on assisted living healthcare expenses. If a patient is not provided with at least two or three of the six basic ADL's; they are considering the patient to be independent and not allowing any heath care expenses. Losing the assisted living heath care expenses will cause the patient to be over income and not qualify for the benefit in most cases.

## Definition of 'Activities of Daily Living - ADL'

Routine activities that people tend do everyday without needing assistance. There are six basic ADLs: <u>eating, bathing, dressing, toileting, transferring (walking) and continence</u>. An individual's ability to perform ADLs is important for determining what type of long-term care (e.g. nursing-home care or home care) and coverage the individual needs (i.e. Medicare, Medicaid or long-term care insurance).

I would also include what services you provide in your basic assisted living that is not included as ADL's, but the basic six are the most important (need no less than two).

The sample letter attached is only a guideline to demonstrate the information that the VA is requiring to consider assisted living charges as healthcare expenses. If you have a letter already composed that you believe the VA will accept; use it, however remember to list the ADL services you provide.

If you have any questions, don't hesitate to call me.

Sincerely,

Tamara V. Curtis Executive Director/CVSO 301 N. Main Street Lima, Ohio 45801 419-223-8522 419-223-8535 - Fax